

# Fairview Behavioral Health and Well-Being



## Solving behavioral health issues before they affect your bottom line

### A behavioral health solution that works for you

As part of the Employer Solutions portfolio of services, Behavioral Health and Well-Being offers employers a dedicated well-being advisor who provides counseling services and care support for their Minnesota employees. Our well-being advisors are committed to helping your employees resolve their issues before they access their benefits by supporting them through times of emotional stress or concern.

**50%\***

less expensive than the cost to treat the most common behavioral health conditions

### Goes beyond a traditional Employee Assistance Program (EAP)

Behavioral Health and Well-Being goes well beyond traditional EAP services by providing your employees unparalleled access to an open number of counseling sessions, with a goal of resolving the majority of cases presented.

**80%**



of cases anticipated to be resolved by Behavioral Health and Well-Being

As the largest behavioral health provider in the state, our well-being advisors are experts in behavioral health and can expedite access to a wide variety of behavioral health resources for those patients needing advanced clinical care. This coordinated approach can directly affect your cost savings while improving the personal and professional well-being of your employees and their families.

### Easy access to a dedicated advisor



On-site



In clinic



By phone

**\$225 billion\*\***

cost to employers in the U.S. in lost productivity due to behavioral health issues

\*Analysis of 2017 claims data for the top two behavioral health CPT codes for a medium-sized Minnesota employer.  
\*\*This Week in JAMA. JAMA. 2007; 298(12):1367. doi:10.1001/jama.298.12.1367

## Core services to maintain your employees' optimal emotional well-being:

### Dedicated well-being advisor

- Employees and their family members (13 years and older) have open access to local certified licensed mental health professionals.
- Consultations can occur at the workplace, in clinic, or by phone.

### Integrated, holistic approach

- Considers the physical, social, and emotional factors affecting behavioral health.
- Well-being check-ins and ongoing monitoring are available for those with complex, chronic conditions.

### Comprehensive employee outreach

- Educational employee communications are provided to ensure employees understand the support that is available to them.
- Concierge-level support, including scheduling appointments on an employee's behalf.

### Extensive care network

- Your employees will have access to our extensive network of behavioral health providers as needed.



## Common issues that could be affecting your employees' performance and overall well-being:

- Work-related issues and stresses
- Depression, anxiety, or acute social anxiety
- Chronic depression or anxiety
- Behavioral health disorders
- Insomnia
- Chronic medical conditions



## Learn how to reduce the cost of employee behavioral health.

Call 612-672-2020

Visit [fairviewemployersolutions.org/wellbeing](https://fairviewemployersolutions.org/wellbeing)